



Proposed Tier 1 AT for Behavior/Sensory

Tier 1 Core intervention, typically appropriate for 80% of the student population

- “No-Tech Tools”
- Chewlery
- ARK’s Grabber
- Chew-ease pencil topper and clip in chewy tube
- Pencil grips
- Gum, crunchy snacks, chewy snacks, sour, sweet, salty, spicy
- Water bottles
- Fidgets (e.g., theraputty, tangle, stress ball, balloons filled with flour, bean bag) Classroom light filters
- Hokki Stool, one-legged stool
- Disco sit
- Moven'Sit
- Ball Chairs
- Exercise Band/theraband
- Yoga cards
- Standing desks
- Movement strip at the back of the classroom
- Study booth/carrel
- Visual Schedule
- Break cards
- Weighted products (e.g., wheat bags, lap snakes, weighted blankets)
- Tent or cool down spot within the classroom
- Rocking chair, bean bag chair
- Pencil weights
- Heavy work activities (carrying heavy objects, desk push-ups, crab walk, bear walk, etc.)
- Visual Timers/iPad App Timers (Best Sand Timer, Egg Timer – Apps)
- Headphones or earplugs
- “calm” or “safe” spot
- Pressure vest
- Hand weights
- Music – calming
- Muted lights
- Draping of shelves – reducing clutter
- Token reward systems
- 5 Point Scale
- Social scripts
- Make Sense Strategies - website

Proposed Tier 2 AT for Behavior/Sensory

Tier 2 Targeted intervention, where 15% of the students will be placed

Includes all Tier1 strategies listed above

- iPad apps
 - Sensory/Calming Apps
 - Fluidity
 - Bubble Snap,
 - Relaxing Music Apps
 - Zen Garden
 - Bubble Tap HD
 - Sand Garden
 - Sand
 - Crack and Break It
 - Playing in the Sand

- Me Moves
- Fluid II
- Fluidity
- Sound Drop
- The Art of Glow
- U2U
- Beat Wave
- Choice Works
- Bubble Explode
 - Books
- Social Skills
 - Comic Life
 - Sock Puppets
 - Toontastic
 - The Grouchies
 - Pictello
 - The Social Express
 - Social HD
- Body Sox, Stretch-Eze-Full Body Fitness Band, Elastiband Exerciser
- Motivaider
- The Turn Around Program
- The Q Charm Bracelet
- First/Then
- Boardmaker – writing with symbols
- Behavior contracts

Proposed Tier 3 AT for Behavior/Sensory

Tier 3 Intensive intervention, required for approximately 5% of the student population

Includes all Tier1 and Tier2 strategies listed above; and needed by the student on a continuous basis

- Brushing programs